



# MOTORCYCLE SAFETY TIPS FOR AARP MEMBERS

Riding a motorcycle offers a thrilling sense of freedom, but it also comes with a lot of responsibility. Whether you’re a new or a seasoned rider, it’s important to make sure you’re road-ready before every journey. Foremost® is here to help you properly prepare for the road ahead. Stay safe with these essential tips on your next adventure.



## PRE-RIDE INSPECTION

The **T-CLOCS** acronym is a helpful way to remember your pre-ride inspection checklist<sup>1</sup>:

- ✓ **T** – Tires and Wheels
- ✓ **C** – Controls
- ✓ **L** – Lights and Electrics
- ✓ **O** – Oil and Other Fluids
- ✓ **C** – Chassis
- ✓ **S** – Stands



## GEAR UP

Wear a helmet, eye protection, a sturdy jacket, long pants, boots that cover your ankles and gloves. Choosing bright colors can also help make you more visible to other motorists.



## RIDE SOBER

Over **40%<sup>2</sup>** of all fatal motorcycle accidents involve alcohol or drugs.



## DISTANCE YOURSELF

Give yourself space and reaction time. About **75%** of all motorcycle accidents involve collisions with cars.



## KNOW THE LAW

Motorcycle operating regulations can vary from state to state, so it’s smart to check them before you ride.

## CAUTION WHEN WET

Wet pavement is extremely slick. Be extra cautious as your tires will have less grip, increasing skid risk.



## PACK THE ESSENTIALS

- ✓ Small Tool Kit
- ✓ First-Aid Kit
- ✓ Snacks
- ✓ Phone Charger
- ✓ Water
- ✓ Sunscreen
- ✓ Lip Balm



Staying safe on two wheels means staying informed. For more road-ready wisdom, follow AARP Motorcycle & Manufactured Home Insurance from Foremost on Facebook or visit [AARPForemost.com/Learning-Center](https://AARPForemost.com/Learning-Center).

Sources: <sup>1</sup> Motorcycle Safety Foundation; <sup>2</sup> NHTSA’s National Center for Statistics and Analysis  
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